

The Eatery @ St Francis

Menu: January - March 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 06/01/2025 27/01/2025 24/02/2025 17/03/2025	Cheese burger ^{1 5 3} Cheese & Tomato Pinwheels (v) ^{1 5} Jacket Potato (choice of fillings) School packed lunch	Spaghetti & Meatballs ⁵ Spaghetti & Veggie-balls (v) ⁵ Crumpets with baked beans ⁵ School packed lunch	Toad in the Hole ^{2 5} Veggie Toad in the Hole (v) ^{2 5} Jacket Potato (choice of fillings) School packed lunch	Beef Lasagne ^{5 1} Veggie Omelette (v) ² Tomato Soup with toasted cheese baguette ^{5 1} School Packed Lunch	Fish fingers and chips ^{5 6} Veggie Burrito and chips (v) ^{5 1} Jacket Potato (choice of fillings) School Packed Lunch
Week 2 13/01/2025 03/02/2025 03/03/2025 24/03/2025	Gammon Ham Egg and Chips ² Veggie Stir-fry Noodles (v) ^{5 2 9} Jacket Potato (choice of fillings) School Packed Lunch	BBQ Chicken flatbread with Rice ^{5 1} BBQ Vegan flatbread with Rice (v) ^{5 1} Crumpets with baked beans ⁵ School Packed Lunch	Bacon and Cheese puff pastry ^{1 5 2} Tomato and cheese Pasta (v) ^{5 1} Jacket Potato (choice of fillings) School Packed Lunch	Chilli Con Carne on wedges Vegan Chilli con carne on wedges (v) Tomato Soup with toasted cheese baguette ^{5 1} School Packed Lunch	Chicken goujons and chips ⁵ Veggie Nuggets with chips (v) ⁵ Jacket Potato (choice of fillings) School Packed Lunch
Week 3 20/01/2025 10/02/2025 10/03/2025 31/03/2025	Steak Slice ⁵ Cheese and Onion Slice (v) ^{5 1} Jacket Potato (choice of fillings) School Packed Lunch	Chicken Korma Curry and rice ¹ Veggie Korma Curry and rice (v) ¹ Crumpets with baked beans ⁵ School Packed Lunch	Roast Lamb with Potatoes and veg Veggie sausages with potatoes and veg (v) Jacket Potato (choice of fillings) School Packed Lunch	Tuna Pasta ^{1 5 6} Cheese and Tomato Pizza (v) ^{5 1} Tomato Soup with toasted cheese baguette ^{5 1} School Packed Lunch	Cod dogs and chips ^{5 6} Vegan Chicken Burger and chips (v) ⁵ Jacket Potato (choice of fillings) School Packed Lunch

All lunches are served with potatoes, a selection of vegetables and/or salad

Dessert choices each day; made-on-site cake/traybake/biscuit, yoghurt, fruit salad

School Packed Lunch contents:

White Roll/Sandwich with a choice of ham, cheese or jam ^{1 5}
 Cheese stick/string/babybel ¹
 Packet of crisps
 Piece of fruit/vegetable
 Biscuit/cake/muffin/flapjack ^{1 5}
 Drink

Key to symbols (food contains):

1. Dairy
2. Eggs
3. Celery
4. Sulphates
5. Gluten
6. Fish
7. Lupin
8. Mustard
9. Soy

Hard copies of recipes showing all ingredients and allergens is available by request to:

Chef@stfrancis.swindon.sch.uk